



# Breaking Wind

## The Newsletter of Frensham Pond Sailability



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[www.frenshampondsailability.org.uk](http://www.frenshampondsailability.org.uk)

Summer 2017

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### Notes From The Acting Chairman

*Ivor Barrett, Acting FPS Chairman*



We are now in the fifth month of the 2017 Sailability sailing season. It has been a very busy and successful season for our sailors at both Frensham Pond and at away racing events.

We currently have a total of 115 sailor members including those from local schools/colleges (Stepping Stones [6], Abbey [5], Treloar [4] and Ridgeway [3]). The majority of these members attend the regular Thursday and Saturday morning sessions.



Sailors who are keen to develop their racing skills can also attend the Thursday afternoon training sessions very ably led by Nick Clibborn and John Townsley. A number of these sailors regularly travel to away racing

events where they have been very successful.

This year so far, sailors have been to five Travellers Trophy (TT) events at various locations, the Hansa Nationals at New Forest in July and the RYA Multiclass at Rutland in August. More details of these events and results are included elsewhere in the newsletter.

FPS hosts the 7<sup>th</sup> TT competition in the series on 20<sup>th</sup> September and a number of sailors will be travelling to Meze in the south of France in October for the European Championship. This year we are also holding two mini-regattas (July and October) for the FPS racers with the overall winner receiving the new Richard Smallwood Trophy.

Regrettably, the Youth Fun Day in July had to be cancelled due to inclement weather. However the weather was kind to us on a Friday evening earlier in August for the very successful barbecue organised by our Galley boss, the inimitable Carol Clibborn.

Three new boats (Mojo, Windsprite and Sea Lion) have joined our fleet this year replacing three of our older boats.



The new extended jetty has proved its worth this season with much improved capacity for transferring sailors to/from boats from a safe and stable platform and enabling up to three simultaneous hoisting operations.

Those who attend our regular Thursday and Saturday morning sessions will have noticed that we

have finally entered the 21<sup>st</sup> Century with the introduction of a computerised sailor registration and payment management system. This is still being developed further to provide the FPS management team with data to inform future decisions about resourcing our activities.



Finally, I would just like to thank our large army of very willing volunteers, of whom just over 90 attend on a regular basis. None of these activities would be possible without their unstinting efforts at both Frensham and away events. This includes our young volunteers who so enthusiastically support the very popular Saturday morning Youth Group. My thanks go to each and every one of them.

## Fundraising News

*Brian Grimwood, FPS Trustee responsible for fundraising*



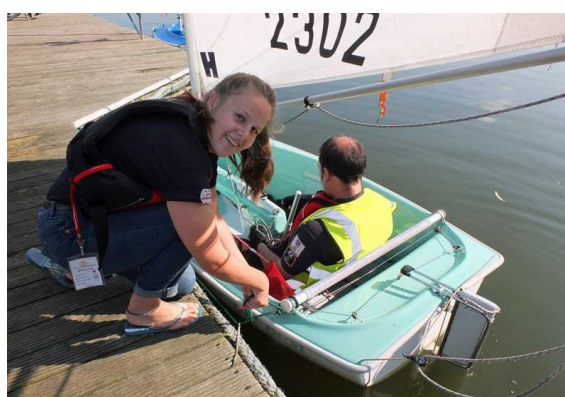
Our congratulations and huge thanks go to the following:

- 5<sup>th</sup> year students at Cranleigh Prep School for choosing FPS as their 2017 fundraising good cause and raising a truly magnificent £1,815
- 12 year old Youth Group sailor, Miles Norwood, for personally raising an equally magnificent £387 through activity sponsorship towards the end of last season. Miles also features on page 4 in this Newsletter (well done Miles!)
- Helper Vicki Hinde (no age mentioned!) for organising the 'Team FPS' entry in the June 2017 LIDBA Bike Ride, raising a superb £440.
- The Churt Welfare Trust for very generously donating £350 towards the cost of replacing a substantial number of our rather aged buoyancy aids- as modelled opposite by our Youth Group!



- Stop press! On Bank Holiday Monday, 16 Year old Saturday Youth Group helper, Jasmine Young, together with a group of school friends successfully completed the extremely arduous 3 Peaks Challenge "in very tough circumstances weather wise" to quote Jasmine's mother Rachel. **Please show your support for Jasmine and FPS by clicking on:**

<https://www.justgiving.com/companyteams/ghsthreepeaks> and make a donation.



*Jasmine at the Pond after her 3 Peaks Challenge*



Finally a very big thank you also to the Lions Club of Farnham for selecting FPS as one of four beneficiaries from their Lions Centenary 'Summer Spectacular' held on 8th July. The Lions very generously funded a replacement Hansa 303 which was on display at the event and hit the water at Frensham in late July, see photos below:



## Team FPS Get On Their Bikes

*Vicki Hinde, FPS Helper & Team Captain*



Team FPS swapped their boats for bikes on Sunday 11<sup>th</sup> June to participate in the Liphook Cycle Ride to raise funds and awareness for Sailability.

Bridget Woodhouse, who is responsible for training the children who come from local schools on a Thursday morning, persuaded her husband Alex and son Hamish to sign up for Team FPS. Both Alex and Hamish joined the Elite Start and completed the 25 mile course in just over an hour.

It was also great to see Bob Cornwell on the start line. Bob has supported Sailability in the background for many years and kindly set up the BT MyDonate page (see below) for this event. His wife Nina is a regular sailor at Sailability and it is wonderful to have them both on board. As many of you may know, Bob is a keen Marathon Runner so he was more than fit enough

to meet the demands of the ups and downs of the wonderful countryside.

Finally, Kate Nevett and I made up the team of five. Kate has sailed her Laser for many years at Frensham Pond and we have been very lucky to have her daughter, Izzy, assisting with the Youth Team on a Saturday. Kate and I started at the back of the pack as my tyre suddenly went flat as the start flag was raised. This did not deter us: we quickly found a replacement inner tube and soon caught up with the rest of the cyclists.



Team FPS really enjoyed being part of the Liphook Bike Ride. It was wonderful to see so many charities represented and families out cycling for good causes. We would like to thank everyone who has already supported us and the BT MyDonate page is still live, **you can make a donation here:**

<https://mydonate.bt.com/teams/teamfps>

Thank you for support and we look forward to seeing you when we are back on the pond.

## FPS Summer BBQ

Friday 11<sup>th</sup> August saw another great turnout at the Clubhouse for the annual Summer BBQ. Soothed by a seasonal summer sound track, our well-groomed grill chefs Clive and Robert duly delivered a dazzling display of sizzling sausages, beefy burgers and choice chicken to accompany the super salads prepared by Carol and her hardworking galley crew.



A selection of delicious desserts completed the meal which was followed by the customary raffle. Our thanks to all for a fun evening, roll on the next one!



## Schools Group News

*Bridget Woodhouse, FPS Schools Group Coordinator*



Lisa and I took the Farnham Lions funded new boat "Sea Lion" with us to the Stepping Stones summer concert and met with the parents of many of the sailors.



Brian Stallybrass and I went to Ridgeway Community College to award well-earned certificates to Kat Aitken, Megan Richards, Jamie Yapp and Jordan Rowland. Also present was John Ward, a former Mayor of Farnham.



## Youth Group News

*Lisa Skirrow, FPS Youth Group Coordinator*



The youth group has had a busy season so far. The three DI's (Lucy, Harry and Hattie) have been taking turns in leading the coaching.

That has added some variety to the morning sessions and they have been supported by our assistant instructors and buddies. We have been favoured with some fine sailing conditions so we've been working on sailing to windward, slalom courses and triangles.

The Youth fun day which was scheduled for late July unfortunately was cancelled due to the adverse weather conditions - the forecast was for a very gusty morning with lots of rain which we felt would not be fun at all!

Looking forward to a fine September and October to round off the season and hoping to have a mini race series as in previous years, with fun and games on the last day at the end of October.



*The Youth Group playing "Follow My Leader"*

## Miles & George

To achieve RYA Sailability Certificate of Achievement at Platinum Level (the highest level!), one of the criteria the applicant has to meet is to demonstrate they 'can support the teaching of novices'.

12 year old 'Old Hand' Miles Norwood did better than this to win his award. Miles took it upon himself to, very successfully, teach 16 year old 'Rookie' sailor, George Devereux, from scratch to Bronze Certificate Level! The photos below show Miles and George with their respective certificates. Very well done boys!



## First Impressions

*Benjamin James, 20 year old new FPS sailor*

I have been looking at sports that I could get involved in for a while and sailing came up as a really accessible sport that could adapt around my needs, so I thought I would give it a go! I have recently started sailing with Sailability at Frensham Pond, as



the Sailability scheme enables people such as me with physical difficulties to try sailing and take part regularly, whether for leisure or competition.



I had previously had a taster sail while I was at Nottingham University, so it was good to find a club closer to home over the summer holidays.

I have been on the water about six times now and have thoroughly enjoyed it, both sailing in the Hansa 303 with a buddy and twice in a Hansa 2.3 on my own. The club has excellent facilities including hoists to get into the boat. Everyone at Frensham has been very accommodating and friendly, ensuring that I could get out on the water and learn to sail.



It has been great to go down to the club on a Saturday or Thursday and get on the water. The club has been great, with a team of dedicated volunteers, who allow those who need a bit of extra support to get out on the water, engage with and partake in a really fun sport. Who knows maybe I will be racing soon!

P.S. I've just had my first taste of racing on Thursday afternoon, good fun but I have a lot to learn!!

## Haslemere Festival of Sport

FPS was represented for the first time at the Haslemere Festival of Sport held on Bank Holiday Monday at the Woolmer Hill Sports Centre, Haslemere.



Hansa 2.3 'Windsprite' and 303 'Sea Lion' were a big attraction particularly for the younger visitors. The photo below shows Tony, Ivor & Brian deciding how best to use horsepower at Frensham - pulling boats out, towing boats 'barge style' on windless days, other suggestions are most welcome!



## Competition News

**Thursday Club Racing** continues to thrive with an expanding group of enthusiastic sailors in John Townsley's race training group. The competition is as fierce as ever in Nick Clibborn's advanced group. The Early Summer series was very closely contested with Paul Phillips 1<sup>st</sup> in his Liberty with 5 wins just ahead of Ann Lewis with 4 wins in a 2.3 and James Woosnam with 2 wins in a 303 1P. The Late Summer series is just as close so it's all to play for.

**The Hansa Traveller Trophy Series** has seen 5 events take place to date and with 5 wins and 3 events to go Lindsay Burns has clinched the 2.3 class. The 303 1P class is led by Margaret Foreman (3 wins and a 4<sup>th</sup>) from Michael Everitt (1 win & two 2<sup>nd</sup> places) with Alison Grant (three 3<sup>rd</sup> places) in 4<sup>th</sup>. In the 303 2P class Peter & Peta Etherton (3 wins) are currently 3<sup>rd</sup> behind the two Chesil crews. In the Liberty class Tessa Watkiss has a narrow 1 point lead ahead of Rutland's Chris Emmet with Paul Phillips lurking in 4<sup>th</sup> place. All to play for here too!

**The 2017 Hansa UK Nationals** were held in July at

Spinnaker Sailing Club's Blashford Lake and organised by New Forest & District Sailability (NFDS). With 28 boats on the water and 8 races over 3 days in mostly light winds the racing was challenging and very competitive. Good starts were important because making up places on the course was very difficult; despite this FPS sailors were well placed in all classes.



Lindsay Burns took the overall honours in the 2.3 class with Tessa Watkiss the runner up in the Liberty. Michael Everitt was the runner up in the 303 1P class with Margaret Foreman 3<sup>rd</sup> and Peter & Peta Etherton were 3<sup>rd</sup> in the 303 2P.

## The RYA Multiclass Regatta

*Kate Whyatt, FPS Sailing Captain*

This was held at Rutland Water over the weekend 5<sup>th</sup> – 6<sup>th</sup> August. During the afternoon of Friday 4<sup>th</sup> there was training for the different fleets, including 2.3 and 303 Hansa coaching by our own RYA coach, Lindsay Burns. Saturday morning consisted of fleet racing with two races back-to-back while the weather featured sun, cloud, winds and torrential rain, with sailors coming off the water at lunchtime cold and soaking wet.

The Ted Ellis Trophy for the 'Champion of Champions' pursuit race was fought for by the entire Multiclass fleet of 50+ boats in the afternoon with Paul Phillips winning the trophy in his Hansa Liberty.



*John Forthergill, Commodore of Rutland Sailing Club with Paul Phillips and RYA Sailability Manager Joff McGill*

© RYA OnEdition

Paul, who has competed in this event since 2011 said "The racing was quite close and exciting at times and I really didn't expect to win. It was a really enjoyable event". There was a whole variety of weather

conditions and before the start of the Pursuit Race there was a big squall, with strong winds. Luckily the rain eased off and conditions started to improve. Paul has been sailing with Frensham Pond Sailability for more than 10 years, and before that he sailed round the world. He is closely involved with the management of FPS as Finance Officer and as a Trustee.

It was back to fleet racing on Sunday morning with excellent results from the seven Frensham Pond sailors, including the 2.3 class won by Lindsay Burns, the Liberty class won by Paul Phillips and the 2.4mR class won by Megan Pascoe with 2<sup>nd</sup> place for Kate Hedley. Margaret Foreman competed in the 303 singles along with James and Jack Woosnam in the 303 doubles and Tess Watkiss in her Hansa Liberty. A big thank you to all the helpers, including Ivor Barrett, Steve Wooding, Kate Whyatt and Claire Phillips.

## CALENDAR OF EVENTS SEPTEMBER - NOVEMBER

### SEPTEMBER:

6<sup>TH</sup> – HANSA TT NOTTS COUNTY

20<sup>TH</sup> – HANSA TT FRENHAM

28<sup>TH</sup>/30<sup>TH</sup> – CHESIL/WPNSA HANSA TRAINING EVENT

### OCTOBER:

4<sup>TH</sup> – HANSA TT OXFORD

12<sup>TH</sup> – FPS MINI-REGATTA & TEA

21<sup>ST</sup>/27<sup>TH</sup> – HANSA EUROPEAN CHAMPIONSHIPS, MEZE

26<sup>TH</sup> – LAST SAILABILITY THURSDAY

28<sup>TH</sup> – LAST SAILABILITY SATURDAY

### NOVEMBER:

2<sup>ND</sup> – LAYING UP WORKING PARTY & HELPERS LUNCH

10<sup>TH</sup> – LAYING UP SUPPER

23<sup>RD</sup> – SAILABILITY FORUM

## Tail Piece

From the smile on his face Tony Machen has found the ideal tow car for summer TT events, plenty of room in the Roller for his camera and picnic hamper!



Many thanks to all our contributors, especially to Tony Machen for his excellent photographs.